

Registration & Release Form

Name _____
 Address _____
 City _____ State _____ Zip _____
 Phone _____
 Email _____

Friday, September 10 – Ba Gua at Waldorf School Pavilion

Ba Gua \$100 6:00 - 9:00 _____

Saturday, September 11 – Hsing I at Univ Baptist Church

Empty Hands \$85 10:00 - 12:30 _____

Lunch Break at University Baptist Church (See page 2)

Animals \$85 2:30 - 5:00 _____

Full Day \$160 _____

Pot Luck 7:00 - 8:30 _____

Sunday, September 12 – T'ai Chi at Waldorf School Pavilion

1 - 14 step \$70 10:00 - 11:30 _____

15 - 33 step \$45 11:45 - 12:30 _____

Lunch Break at Waldorf School Pavilion (See page 2)

34 - 65 step \$55 2:30 - 3:30 _____

66 - 100 step \$55 3:45 - 4:45 _____

Entire Form Free 5:00 - 6:00 _____

Full day \$210 _____

All workshops \$470 _____

Early Bird Discount \$450 (Pay by Aug 27) _____

Amount Enclosed _____

Payment: Visit our website and register with a credit card or PayPal (please bring a completed registration form to your first session) or submit payment with this form and make the check payable to CTCC. Mail to: 1321 Timberbranch Court, Charlottesville, VA 22902.

Photo Permission: CTCC has my permission to publish photos of me taken during these workshops. Photos may appear on the website, on Facebook, in the newsletter, or in newspapers. YES NO

Release of Liability: I understand that my instructor will create a safe environment in which to learn T'ai Chi and related martial arts. I also understand that there is a risk of injury in any physical activity, and I assume full responsibility for my actions during and in connection with this workshop.

Signature _____ Date _____



Charlottesville T'ai Chi Center

Proudly Hosts



Grandmaster Wang Fu-Lai

*Zhong-Nan Lineage Holder
Cheng Ming Martial Arts Association
in Taiwan*

Fall 2021 Workshops

Friday, September 10 – Ba Gua
 Saturday, September 11 – Hsing I
 Sunday, September 12 – T'ai Chi

www.CharlottesvilleTaiChi.org

A 501(c)(3) non-profit educational organization

Weekend Schedule

FRIDAY, September 10 – At Waldorf School Pavilion

Ba Gua* 6:00 - 9:00 \$100

**Prerequisite: Participants must have completed T'ai Chi and Hsing I curriculum*

SATURDAY, September 11 – At University Baptist Church

Hsing I – Empty Hands 10:00 - 12:30 \$85

Lunch Break at Church

Hsing I – Animals 2:30 - 5:00 \$85

Both Workshops - \$160

Pot Luck 7:00 - 8:30 Free

SUNDAY, September 12 – At Waldorf School Pavilion

T'ai Chi I - 14 step 10:00 - 11:30 \$70

T'ai Chi 15 - 33step 11:45 - 12:30 \$45

Lunch break at Waldorf School Pavilion

T'ai Chi 34 - 65 step 2:30 - 3:30 \$55

T'ai Chi 66 - 100 step 3:45 - 4:45 \$55

Entire form 5:00 - 6:00 Free

Full Day – \$210

ALL WORKSHOPS – \$470

Space is limited. You will not be considered registered until you have paid for the day or specific workshop. Please show your respect to Grandmaster Wang by arriving 10 - 15 minutes before each event.

EARLY BIRD DISCOUNT – \$450

If you plan to take all workshops and pay by August 27, the fee is \$450.

What to bring

Wear clothes that allow you to move comfortably and cover your knees and shoulders. Bring clean, soft-soled shoes to change into or go barefoot.

Lunch Options - Sat. & Sun.

Lunches will be available on Saturday and Sunday. Orders must be received by Wednesday, September 8.

Contact registrar at **434-214-0868** or registrar@charlottesvilletaichi.org

Or visit our website and register with a credit card or PayPal.

<http://www.charlottesvilletaichi.org/grandmaster>

About Grandmaster Wang Fu-Lai

Since his youth, he studied under Grandmaster Wang Shu-Jin (no blood relation), from whom he received all the teachings of the Zhong-Nan lineage. It is one of the most complete preservations of Ba Gua Zhang and Hsing I Ch'uan currently taught worldwide.

Grandmaster Wang Shu-Jin founded the Cheng Ming Martial Arts Association in Taiwan. Upon the death of Wang Shu-Jin in 1981, Master Wang Fu-Lai assumed the position of Grandmaster.

He teaches in Taiwan, Japan, the United States, Europe, the Middle East and Australia. He is also a 4th-generation master of Ba Gua Zhang in the lineage of the modern-day founder, Tung Hai-Ch'uan.

Workshop COVID-19 Protocol

Masks will be required at all indoor and outdoor workshop events. Please be mindful of others and maintain social distancing. Although you yourself may benefit from a high level of protection if you are vaccinated, there is evidence that vaccinated individuals can still transmit the virus. We have a responsibility to protect our community, which includes immunocompromised adults as well as children who are not eligible for the vaccine. Rather than thinking of these protective measures as “restrictions,” try approaching them as a way to improve your practice by working with the sensing, awareness, and respect at the heart of Cheng Ming.

Mild Delta variant symptoms are easily mistaken for a cold and include headache, sore throat, sneezing, runny nose, and congestion. If you have any of these symptoms, or more classic COVID symptoms (fever, dry cough, shortness of breath, loss of taste or smell), please do not attend.

Refund Policy

There will be no refunds given, but you will be credited for future workshops.

Locations and Parking

Waldorf School Pavilion
120 Waldorf School Road
Charlottesville, VA 22901

University Baptist Church
1223 West Main Street
Charlottesville, VA 22903

All activities at the **Waldorf School** will take place in a covered pavilion. There is ample parking. At **University Baptist**, parking is at the back of the church. CTCC will provide fans and cross ventilation.