

誠明会 5 2 式太極劍劍譜
Cheng-Ming 52-Step T'ai Chi Sword

1	太極劍起式	Tai Ji Jian Qi Shi	T'ai Chi Sword Beginning Posture
2	大鵬展翅	Da Peng Zhan Chi	Great Roc Spreads Its Wings
3	仙人指路	Xian Ren Zhi Lu	Immortal Points the Way
4	三環套月	San Huan Tao Yue	Three Rings Encircle the Moon
5	合劍勢	He Jian Shi	Move Sword to Right Hand
6	長虹貫日	Chang Hong Guan Ri	Long Rainbow Penetrates the Sun
7	青龍出水	Qing Long Chu Shui	Blue Dragon Comes Out of Water
8	左右攔掃	Zuo You Lan Sao	Block & Sweep, Left & Right
9	左右橫掃	Zuo You Heng Sao	Horizontal Sweep, Left & Right
1 0	大魁星	Da Kui Xing	Big Constellation
1 1	射雁勢	She Yan Shi	Shoot the Geese
1 2	撥草尋蛇	Bo Cao Xun She	Sweep the Grass to Find the Snake
1 3	靈貓捕鼠	Li Mao Bu Shu	Nimble Cat Catches a Mouse
1 4	蜻蛉點水	Qing Ting Dian Shui	Dragonfly Touches the Water
1 5	黃蜂入洞	Huan Feng Ru Dong	Yellow Bee Enters the Cave (Balance #1)
1 6	童子拜佛	Tong Zi Bai Fo	Child Prays to Buddha
1 7	右旋風	You Xuan Feng	Tornado Whirls Clockwise
1 8	小魁星	Xiao Kui Xing	Small Constellation
1 9	左旋風	Zou Xuan Feng	Tornado Whirls Counterclockwise
2 0	等魚式	Deng Yu Shi	Waiting for a Fish
2 1	烏龍擺尾	Wu Long Bai Wei	Black Dragon Sways Its Tail
2 2	燕子歸巢	Yan zi Gui Chao	Swallow Returns to the Nest (Balance #2)
2 3	風捲荷葉	Feng Juan He Ye	Wind Swirls the Lotus Leaves
2 4	獅子搖頭	Shi Zi Yao Tou	Lion Shakes His Head
2 5	虎抱頭	Hu Bao Tou	Tiger Hugs Her Head

2 6	野馬跳澗	Ye Ma Tiao Jian	Wild Horse Leaps Over a Stream
2 7	翻身勒馬	Fan Shen Lei Ma	Turn Over and Rein in the Horse
2 8	上步指南劍	Shang Bu Zhi Nan Jian	Advance to Compass Direction South
2 9	迎風拂塵	Ying Feng Fu Chen	Welcoming Wind Flicks Dust
3 0	指襠三劍	Zhi Dang San Jian	Sword Points Down Three Times
3 1	順水推舟	Shun Shui Tui Zhou	Follow the Water and Push the Boat
3 2	挑簾式	Tiao Lian Shi	Lift the Curtain
3 3	左右車輪劍	Zuo You Che Lun Jian	Wheel Spins Left & Right
3 4	小魁星	Xiao Kui Xing	Small Constellation
3 5	流星趕月	Liu Xing Gan Yue	Shooting Star Trails the Moon
3 6	鳳凰三點頭	Feng Hang San Dian Tou	Phoenix Nods Her Head Three Times
3 7	鳶子翻身	Yuan Zi Fan Shen	Baby Hawk Turns Body
3 8	天馬行空	Tian Ma Xing Kong	Celestial Horse Flies through the Sky
3 9	犀牛望月	Xi Niu Wang Yue	Rhinoceros Watches the Moon
4 0	左右跨攔	Zuo You Kua Lan	Stride and Intercept, Left & Right
4 1	白猿獻菓	Bai Yuan Xian Guo	White Monkey Presents Fruit
4 2	順水推舟	Shun Shui Tui Zhou	Follow the Water and Push the Boat
4 3	夜叉探海	Ye Cha Tan Hai	Night Demon Searches the Sea
4 4	左右落花	Zuo You Luo Hua	Flowers Fall to the Left & Right
4 5	二郎擔山	Er Lang Dan Shan	Carry the Brother to the Mountain
4 6	烏龍攪柱	Wu Long Jiao Zhu	Black Dragon Twists Around a Column
4 7	鯉魚跳龍門	Li Yu Tiao Long Men	Carp Leaps over the Dragon Gate
4 8	朝天一柱香	Chao Tian yi Zhu Xiang	Incense Points to the Heaven
4 9	老翁攜琴	Lao Weng Xie Qin	Old Man Plays Zither
5 0	風掃梅花	Feng Sao Mei Hua	Wind Sweeps Away the Plum Blossoms
5 1	指南針	Zhi Nan Zhen	Compass Needle Points South
5 2	抱劍歸原	Bao Jian Gui Yuan	Unfold Sword, Return to Beginning