



# CHARLOTTESVILLE T'AI CHI CENTER

International Cheng Ming Martial Arts Association, East Coast

## *Dojo Code* *(Martial Etiquette)*

1. Arrive on time for class. If the studio is open, clean, clear, sweep or tidy up the space. If class has not begun yet, students may start warm-ups or practicing the forms from that class.
2. Honor "Dojo" -- the space of learning, with a bow on entering and leaving.
3. If you come late for the class, bow to the group and instructor and wait till the instructor invites you in. (Don't expect to be bowed back.)
4. Honor the art and all who have contributed to it in the past. Bow to the instructor on entering and leaving as a courtesy. With every bow, you also honor your own potential.
5. Wear proper training attire: T-shirt and long loose pants. Please refrain from wearing no-sleeve shirts, shorts, tights, and jewelry. For safety purposes, indoor shoes are required for the weapon classes.
6. Set all pagers/cell phones to "off" or "vibrate" during class times. If you need to leave class to answer a call, bow out discreetly.
7. Treat all fellow students with courtesy and respect.
8. Keep noise down as a courtesy to students engaged in their practice during class.
9. Avoid correcting, teaching, or conversing with other students during class. Assist others when asked to do so by the teacher.
10. Accept responsibility for keeping track of the installments you owe and the dates due. In case of delayed payment, you will be asked to pay the Drop-In rate (\$18/class).

Thank you for your cooperation.